

# EXERCISE AND LYMPHOMA: THE IMPORTANCE OF KEEPING ACTIVE

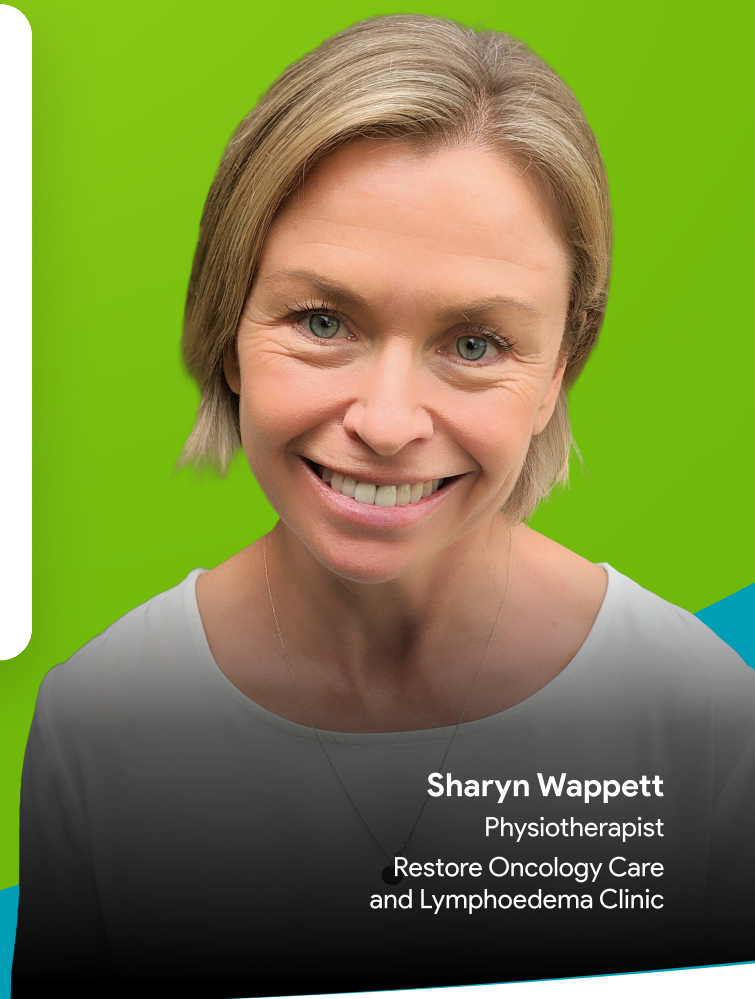
Hosted by  
**Lymphoma Australia  
& Sharyn Wappett**

**FREE ONLINE SESSION**

The importance of keeping active and how you can incorporate exercise into your life despite a lymphoma diagnosis.

**Sharyn Wappett**  
Oncology Physiotherapist and  
Director of Restore Oncology Care  
and Lymphoedema Clinic

**Date: Thursday 29th May**  
**Time: 4:00pm AEST**



**Sharyn Wappett**  
Physiotherapist  
Restore Oncology Care  
and Lymphoedema Clinic

**Scan the QR code to register today**

Call 1800 953 081 or email [nurse@lymphoma.org.au](mailto:nurse@lymphoma.org.au)

